

Abnormal Psychology

Psy 280, Section 002: Spring 2021
Asynchronous Online

- Instructor:** **Prof. Buchanan** Office hours: Thursdays 12:00-1pm EST
(see D2L Calendar/Announcements for the zoom link)
- Graduate TA:** **Corbin Standley** Office hours: Wednesdays/Fridays 2:00pm-3:00pm EST
(see D2L Calendar/Announcements for the zoom link)
- Undergraduate Assistants:** **Alexis Brecht** Office hours: Mondays/Wednesdays: 12:30pm-1:30pm EST
(see D2L Calendar/Announcements for the zoom link)
- Danielle Duggan** Office hours: Tuesdays 12:00pm-2:00pm EST
(see D2L Calendar/Announcements for the zoom link)

Email: **MSUPsych280@gmail.com**
Put "Psy 280" in the subject line to ensure it is answered promptly.
The TA/UA will respond to emails and notify Prof. Buchanan if there is a question that they are unable to answer. If you require a direct response from Prof. Buchanan, you are encouraged to attend office hours. Please see the email policy later in this syllabus.

Course Goals & Objectives: This course will provide a broad overview of various forms of abnormal behavior. The primary emphasis will be on adult psychopathology and the social, cultural, and biological influences on mental health. This course is intended to be an introduction to psychopathology. I encourage you to take advanced courses on related topics for an in-depth examination of particular disorders, populations, or treatment methods (e.g., Psy 304, 330, 480, 488, 489).

Our online course materials include extra sections on substance abuse, abnormal behavior associated with childhood and adolescence, aging and neurocognitive disorders, and abnormal psychology and the law. We will not formally cover and you will not be tested on these chapters, but I encourage you to skim through the material, watch videos, etc from these chapters.

Course Materials (2):

The **Revel** version of **Nevid/Rathus/Greene, *Abnormal Psychology: In a Changing World, 11e*** is required for this course. It includes an online version of the textbook, study materials, test preparation, and hundreds of class points related to assignments and quizzes available on Revel. Access to a computer or mobile electronic device (tablet or smartphone) with internet access is necessary to complete your Revel assignments.

YOU CAN GET REVEL ONE OF TWO WAYS.

- 1) Get the lecture note package from the bookstores.** This includes the powerpoint lectures for the entire semester with space for notes and an access code for Revel and an electronic copy of the textbook. This is the best way to keep up with the lectures for this class.
 - a. Buchanan, N. T. *Abnormal Psychology (Lecture Notes)*. Boston, MA: Pearson Custom Publishing ISBN 9780137444533.
- 2) Buy Revel directly from Pearson when you register for Revel.** ISBN: 9780135792049

REGISTER FOR REVEL USING YOUR MSU EMAIL AND CREATE A PEARSON ACCOUNT:

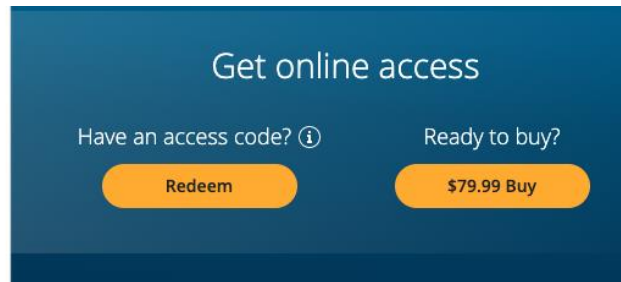
Go to <https://console.pearson.com/enrollment/6z1luxs> (use this 1 time only to register)

Revel Abnormal Psychology in
a Changing World, 11e

By Jeffrey S. Nevid, Spencer A. Rathus,
Beverly S. Greene

Spring 2021 Abnorm Psych in Ch
World 11e

Nicole Buchanan
Dec 16, 2020 - May 31, 2021



- a. If you bought the lecture note packet, it will have an access code inside and you will hit the button to redeem the access code.
- b. If you are buying directly from Pearson, hit the Ready to buy button.
- c. Revel includes the electronic version of the textbook. After you register with Revel, you can add an option to print a version of the textbook for ~\$20.00
- d. If you encounter any issues:
 - i. Pearson Support is available 24/7, with dedicated Revel support.
 - ii. Visit <https://support.pearson.com/getsupport/s/>
 - iii. Search their extensive library of knowledgebase articles, contact Pearson via live chat, or phone at 1-855-875-1801.
 - iv. Review the Revel Student Getting started guide:
https://www.pearsonhighered.com/revel/assets/pdf/REVEL-for-Student__Getting-Started-Guide.pdf

ACCESS REVEL THROUGHOUT THE SEMESTER: Log onto <http://console.pearson.com>.

- Make sure to bookmark and use this URL and NOT the course invite link.
- Remember to always use the same username and password to logon.
- Download the Revel app! <https://www.pearsonhighered.com/revel/students/mobile-app/index.html>

Course Requirements:

REVEL ASSIGNMENTS: Log into Revel daily and check the assignment calendar to ensure you are keeping up with the assignments and readings. All assignments are due by 11:59EDT on the date listed. The goal is to work on pieces of the chapter several times throughout the week so that you are done before the deadline. Late submissions will be accepted for credit, but your maximum points will automatically be reduced once they are late. The material is available for you to study and review throughout the semester.

Each chapter has a variety of sections that allow you to earn points for class credit. The number of points will vary based on the number of topics in a chapter. When you log in and select a chapter, it will show you the chapter activities and the total number of points possible for that chapter.

Ways to earn Revel Points:

- You earn points just for **reading** your text materials! The number of points vary based on the number of sections in a chapter.
- Module Quizzes** appear at the end of each major section of a chapter quizzes. Each question is worth 1 point and you get two tries to get the right answer.
- Video Quizzes** appear after some videos and are worth 2 points each.

- **Journal** entries and **Shared Writing** are encouraged at various points in each chapter. These are worth 2 points each and are automatically graded. Shared Writings post to the entire class and give you an opportunity to share your thoughts with the class, read what other students have to say on the topic, etc.
- **Chapter Quizzes** appear at the end of a chapter. These questions are worth 2 points each and you only get once chance to answer correctly. The goal of the chapter quizzes is to see how well you have remembered the material for the entire chapter.

Tips for Using Revel to Succeed in This Course

1. Use your MSU email when you register for Revel.
2. Do a little work on Revel every day.
3. Track your performance in Revel throughout the semester.
4. Highlight important sections in the chapter so you can easily refer to them later on in the semester.
5. Consider listening to the audio while you read.
6. If you forget your login information, go to the [Forgot Username or Password](#) link to retrieve your username or reset your password. Then, enter your email address and click continue. Check your email account for an email with the subject, "Pearson Username/Password Request." The message will contain all of the usernames that are found for that email address. Choose one account to use with Revel.

LECTURES/REVEL: Please note that there will be material in lectures that will not be covered in the text (and vice versa). Exams will cover material from both. In order to be successful in this course, you are strongly encouraged to attend/watch all lectures (lecture [outlines](#) are provided in the class coursepack), read the corresponding chapter in the textbook (online), and go through all the Revel material (study aids, quizzes, and videos). Although some of the Revel material is not graded, doing all of the exercises results in a large increase in how much you will learn and how you will do on the exams

EXAMS: There will be 5 exams. Only the best four exams will be counted for your grade. If you have taken the first 4 exams and are satisfied with your grade, you will not need to take the final exam. **If you miss an exam for ANY reason, you will need to take the final exam to make up the missed exam. If you miss two exams, you will receive a zero on one and can take the final exam to make up the other.** The first 4 exams will not be cumulative. The final/make-up exam will be cumulative and will be offered during the final exam day scheduled by MSU (see below)

You will be able to start your exam at any time during the scheduled exam day, you must complete the exam within 100 minutes, and submit your exam by 11:59pm EST. Exams are “open book”, meaning you can use class materials (but not other web resources) during the exam. Exams may include multiple choice, short answer, fill-in-the-blank, etc. Any material from lecture, Revel, videos, and related materials may be included on exams.

Disputing items on an exam: If you get an answer wrong on the exam and believe your answer should be re-considered, you must fill out an **Item Dispute Sheet** and turn it in within two weeks of the exam. After two weeks, no changes will be made. The item dispute sheet is available on the class website.

Grading procedures:

- 1)** Course material and grades will be posted to the class website on Desire2Learn (<https://d2l.msu.edu>). You are responsible for any and all items posted on the course website. Please check it often for new material, class announcements, changes, etc. Final points from Revel will be posted in D2L at the end of

the semester, please track your Revel points at the Revel website and verify your scores match at the end of the semester to ensure there were no merging errors.

- 2) Total points earned will be divided by the total points for the class (which will vary based on the Revel assignments). This percentage will be translated into your final grade (see chart below). As such, you are not being graded on a curve; it is possible for every student in the class to receive a grade of "A". Extra credit is added to your individual total points.
- 3) My computer program **automatically rounds any percentage ending in a 4.5 or a 9.5**. For example, an 84.5 would become an 85% and an 89.5 would become a 90%.
- 4) Grading example based on 778 total points in the class.

Exam 1 = 98 points

Exam 2 = 105 points

Exam 3 = 110 points

Total exam points = 317

+2 points for attendance extra credit

+3 points for participation in SONA

Total Revel points = 297/372

Student's total points for the class = 317 +3 +2 +297 = 619.

This number is divided by 778 (exam points [405] + Revel total points [372]).

$619/778 = .795$ (multiply by 100 = 79.5% (rounds to 80% automatically) = 3.0 based on the MSU grading scale provide below.

- 5) **Because extra credit is built into the course via Revel and the computer program automatically rounds these scores, your final grade will not be or altered in any way.**

Grading Scale:

4.0 = 90-100%

2.0 = 70-74%

3.5 = 85-89%

1.5 = 65-69%

3.0 = 80-84%

1.0 = 60-64%

2.5 = 75-79%

0.0 = below 60%

Email Requirements:

BEFORE EMAILING ASK YOURSELF:

1. Might this information be in the syllabus, on D2L or Revel?
 - a. Read the syllabus thoroughly and review it throughout the semester.
 - b. Read the syllabus again before emailing.
 - c. If information is on the syllabus, D2L or Revel and you email us, we will simply direct you to review the resources you have.
2. Is my question about a technical issue with D2L or Revel? If so, call/email/chat with either the D2L or the Revel helpdesk. After you speak with them, feel free to update us on the issue and solution if the solution will impact your ability to complete something on time, impacts your grade or may affect more students. Do not email us first or only because we cannot help with any technical issues.
3. Does my question require a lengthy or complicated response? If so, attend office hours, do not email the question.
4. Are you urgently asking a question about an exam within a few hours of the exam? If so, you can email, but it is unlikely that we will see it in time to help.
5. Does the question ask us to calculate your grade for you, request extra points for a better grade, or request special treatment "just because"? If so, do not email the question.
 - a. Do email if you need us to review an item that you believe was graded incorrectly.

GUIDELINES WHEN SENDING AN EMAIL TO A PROFESSOR, TA OR UA:

6. Use "PSY 280" in the subject line so it is clear that you are a student in the class and help us identify your email and reply quickly. This also helps to prevent e-mails from going directly to the junk folder.
7. After "Psy 280" add something in the subject line that helps identify your need or request (e.g., Psy 280: Question on dyssomnias; Psy 280: Request for Corbin to talk to our organization on 2/20).
8. Address the e-mail properly (e.g., Dear Corbin, Dear Prof. Buchanan).
9. Proof read your e-mail for grammar, spelling, and clarity.
10. Sign your e-mail with your full name as it is listed in D2L so we know who you are and can connect your question to your work in the class.
11. Please be polite.
12. Expect 48-72 hours for a response, then send a reminder email.

OTHER IMPORTANT COMMUNICATION TIPS:

- Check your D2L e-mail regularly or have D2L forward to your regular MSU email! During the course, we will e-mail you with announcements and reminders.
- Make sure to open the class calendar and class announcements page regularly.

Limits to Confidentiality: Please be aware that class materials are generally considered confidential pursuant to the University's student record policies. However, all University employees, including instructors, cannot maintain confidentiality when it conflicts with their responsibility to report certain issues based on external legal obligations or health and safety considerations of MSU community members and others. As the instructor, I must report the following information to other University offices if you share it with me:

- **Suspected child abuse/neglect, even if this maltreatment happened when you were a child,**
- **Allegations of sexual assault or sexual harassment when they involve MSU students, faculty, or staff, and**
- **Credible threats of harm to oneself or to others.**

These reports may trigger contact from a campus official who will want to talk with you about the incident that you have shared. In almost all cases, it will be your decision whether you wish to speak with that individual or not. If you would like to talk about these events in a more confidential setting, you are encouraged to make an appointment with the MSU Counseling Center (<http://www.counseling.msu.edu/students>).

Accommodations for Students with Disabilities: Michigan State University is committed to providing equal opportunity for participation in all programs, services and activities. Requests for accommodations by persons with disabilities may be made by contacting the Resource Center for Persons with Disabilities at 517-884-RCPD or on the web at rcpd.msu.edu. Once your eligibility for an accommodation has been determined, you will be issued a Verified Individual Services Accommodation ("VISA") form. **If you already have a VISA**, please let me know what accommodations are required as soon as possible and **give me a hardcopy of your VISA**. I will do my best to make the appropriate arrangements.

If you require testing accommodations you must contact me and present your VISA **at least two weeks before the exam date** to schedule an alternative exam or different testing conditions. If your only test accommodation is for extended time, this will be built into your online testing.

Things you should never do (for any class):

CHEATING/PLAGIARISM: Don't do it! Academic integrity is one of your greatest resources, if you cheat or are academically dishonest in any way, you will receive a failing grade for the course and I will pursue

university-wide action, including expulsion. The university policies regarding academic integrity can be found at: <https://www.msu.edu/unit/ombud/academic-integrity/index.html>

NOTE: Below is a *tentative* schedule. A specific topic may change for a given week or day.

Abnormal Psychology: Tentative schedule		
Wk	Starting Date	Topics, Readings & To Dos
1	1/11	Reflection Week <input type="checkbox"/> Review the syllabus <input type="checkbox"/> Register for REVEL: See above for information and link <input type="checkbox"/> Feel free to look at the Revel welcome information (under assignments in Revel)
2	1/19	Introductions, Research and Defining Abnormality <input type="checkbox"/> Lecture: Course overview (D2L Video) <input type="checkbox"/> Lecture: Defining Abnormal behavior (D2L Video) <input type="checkbox"/> Revel: Introduction and Methods of Research (reading & assignments due 1/24 by 11:59pm EDT) (Note: 1/18-MLK Holiday. Class starts 1/19)
3	1/25	Perspectives on Abnormal Behavior and Treatment <input type="checkbox"/> Lecture: Multidimensional Models of abnormal behavior (D2L Video) <input type="checkbox"/> Revel: Contemporary Perspectives on Abnormal Behavior and Methods of Treatment (reading & assignments due 1/31 by 11:59pm EDT)
4	2/1	Classification, Assessment, & Diagnosis Stress, Adjustment, & Trauma-Related Disorders <input type="checkbox"/> Lecture: Classification, Assessment, & Diagnosis (D2L Video) <input type="checkbox"/> Revel: Classification and Assessment of Abnormal Behavior (reading & assignments due 2/7 by 11:59pm EDT) <input type="checkbox"/> Lecture: Stress & Trauma-Related Disorders (D2L Video) <input type="checkbox"/> Revel: Stress, Adjustment & Trauma-Related Disorders (reading & assignments due 2/10 by 11:59pm EDT)
5	2/8	Stress, Adjustment, & Trauma-Related Disorders (Continued) Anxiety, Obsessive-Compulsive & Related Disorders <input type="checkbox"/> Revel: Stress, Adjustment & Trauma-Related Disorders continued(reading & assignments due 2/10 by 11:59pm EDT) <input type="checkbox"/> Lecture: Anxiety and Obsessive-Compulsive Disorders (D2L Video) <input type="checkbox"/> Revel: Anxiety Disorders and Obsessive–Compulsive and Related Disorders (reading & assignments due 2/21 by 11:59pm EDT)
	2/9 Exam 1	Exam 1 opens in D2L today. Students will have 100 minutes to take the exam and must complete the exam by 11:59pm EDT. Topics: Introductions, Research and Defining Abnormality, Perspectives on Abnormal Behavior and Treatment, and Classification, Assessment, & Diagnosis.

6	2/15	<p style="text-align: center;">Anxiety, Obsessive-Compulsive & Related Disorders (cont.)</p> <ul style="list-style-type: none"> <input type="checkbox"/> Lecture: Anxiety and Obsessive-Compulsive Disorders (D2L Video) <input type="checkbox"/> Revel: Anxiety Disorders and Obsessive-Compulsive and Related Disorders continued (reading & assignments due 2/21 by 11:59pm EDT)
7	2/22	<p style="text-align: center;">Dissociative Disorders, Somatic Symptom and Related Disorders</p> <ul style="list-style-type: none"> <input type="checkbox"/> Lecture: Dissociative Disorders (D2L Video) <input type="checkbox"/> Lecture: Somatoform Disorders (D2L Video) <input type="checkbox"/> Revel: Dissociative Disorders, Somatic Symptom and Related Disorders (reading & assignments due 2/28 by 11:59pm EDT)
8	3/1	<p style="text-align: center;">Mood Disorders</p> <ul style="list-style-type: none"> <input type="checkbox"/> Lecture: Mood Disorders (D2L Video) <input type="checkbox"/> Revel: Mood Disorders and Suicide (reading & assignments due 3/14 by 11:59pm EDT)
	3/2 & 3/3	Wellness days March 2 & 3rd
	<p style="text-align: center;">3/4</p> <p style="text-align: center;">Exam 2</p>	<p>Exam 2 opens in D2L today. Students will have 100 minutes to take the exam and must complete the exam by 11:59pm EDT.</p> <p>Topics: Stress, Adjustment, & Trauma-Related Disorders, Anxiety, Obsessive-Compulsive & Related Disorders, Dissociative Disorders, Somatic Symptom and Related Disorders</p>
9	3/8	<p style="text-align: center;">Mood Disorders (cont.) & Suicide</p> <ul style="list-style-type: none"> <input type="checkbox"/> Lecture: Mood Disorders (D2L Video) <input type="checkbox"/> Lecture: Suicide (D2L Video) <input type="checkbox"/> Revel: Mood Disorders and Suicide continued (reading & assignments due 3/14 by 11:59pm EDT)
10	3/15	<p style="text-align: center;">Personality Disorders and Impulse-Control Disorders</p> <ul style="list-style-type: none"> <input type="checkbox"/> Lecture: Personality Disorders (D2L Video) <input type="checkbox"/> Revel: Personality Disorders and Impulse-Control Disorders (reading & assignments due 3/21 by 11:59pm EDT)
11	3/22	<p style="text-align: center;">Schizophrenia Spectrum Disorders</p> <ul style="list-style-type: none"> <input type="checkbox"/> Lecture: Schizophrenia Spectrum and Other Psychotic Disorders (D2L Video) <input type="checkbox"/> Revel: Schizophrenia Spectrum Disorders (reading & assignments due 3/28 by 11:59pm EDT)
12	3/29	<p style="text-align: center;">Eating Disorders & Obesity</p> <p style="text-align: center;">Sleep-Wake Disorders</p> <ul style="list-style-type: none"> <input type="checkbox"/> Lecture: Eating Disorders Disorders (D2L Video) <input type="checkbox"/> Lecture: Sleep-Wake Disorders(D2L Video) <input type="checkbox"/> Revel: Eating Disorders and Sleep-Wake Disorders (reading & assignments due 4/7 by 11:59pm EDT)

	3/30 Exam 3	Exam 3 opens in D2L today. Students will have 100 minutes to take the exam and must complete the exam by 11:59pm EDT. Topics: Mood Disorders, Suicide, Personality & Impulse Control Disorders, and Schizophrenia Spectrum Disorders
13	4/5	Sleep-Wake Disorders (cont.) Disorders Involving Gender & Sexuality <input type="checkbox"/> Lecture: Sleep-Wake Disorders (D2L Video) <input type="checkbox"/> Revel: Eating Disorders and Sleep-Wake Disorders (reading & assignments due 4/7 by 11:59pm EDT) <input type="checkbox"/> Lecture: Gender Dysphoria and Sexual Disorders (D2L Video) <input type="checkbox"/> Revel: Disorders Involving Gender and Sexuality (reading & assignments due 4/18 by 11:59pm EDT)
14	4/12	Disorders Involving Gender & Sexuality (cont.) <input type="checkbox"/> Lecture: Gender Dysphoria and Sexual Disorders (D2L Video) <input type="checkbox"/> Revel: Disorders Involving Gender and Sexuality (reading & assignments due 4/18 by 11:59pm EDT)
15	4/19	Disorders Involving Gender & Sexuality (cont.) & Catch-up
	4/20 Exam 4	Exam 4 opens in D2L today. Students will have 100 minutes to take the exam and must complete the exam by 11:59pm EDT. Topics: Eating Disorders, Sleep-Wake Disorders, and Disorders Involving Gender and Sexuality
	4/22 & 4/23	Study Days
16	4/26 Final Exam	Optional Cumulative Final Exam opens in D2L today. Students will have 100 minutes to take the exam and must complete the exam by 11:59pm EDT. Topics: Everything covered in this class this entire semester